

## Full Length Research Paper

# Antibiotic resistance patterns of lactic acid bacteria isolated from Nigerian grown salad vegetables

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The reports on some foodborne lactic acid bacteria (LAB) possessing antibiotic resistance (AR) genes on mobile genetic elements are on the increase. In Nigeria, such information is rare. This study was therefore designed to determine the presence and locations of AR genes in LAB isolated from locally grown salad vegetables. The LAB used in this study were previously isolated from Nigerian grown cabbage, carrot, cucumber and lettuce and identified by partial sequencing of their 16S rRNA gene. The AR and integrons (*int1*, 2, 3) genes were detected using polymerase chain reaction after phenotypic agar disc diffusion assay of 20 antibiotics. Extraction and curing of plasmids were performed using standard methods. Univariate analysis was performed to determine resistance to  $\geq 2$  antibiotics, while multinomial logistic regression was conducted to determine association of resistance patterns with vegetable sources/ types and LAB strains at 95% confidence interval (CI). The entire LAB were phenotypically resistant to  $\geq 2$  antibiotics, while uncultured *Solibacillus* clone RBL-135 was resistant to all and possessed the 454 bp vancomycin (*vanX*) gene on chromosomes. Three others, *Lactobacillus plantarum* YML 007 (lettuce), *Lactobacillus plantarum* TCP 008 (cabbage) and *Weissella cibaria* PON 10339 (carrot), also amplified this gene while *Weissella confusa* SJL 602 (lettuce) amplified resistance gene for beta lactam (*blaZ*). This gene (*blaZ*) was also detected in three other LAB but with size corresponding to 500 bp. None of the tetracycline ribosomal protection protein, *tet(M)*, (S), (W), efflux *tet(K)*, (L), aminoglycoside acetyltransferase and phosphotransferase encoding gene, *aac(6<sup>1</sup>)-aph(2<sup>1</sup>)*, integrons (*int1*, 2, 3) were detected. The plasmid cured LAB exhibited same resistance patterns as their wild derivatives. The naturally occurring LAB in the study vegetables are phenotypically multidrug resistant, a few possessing *vanX* and *blaZ* resistance genes on chromosomes. Hence, they lack potentials to transfer AR through plasmids and integrons.

**Key words:** Antibiotic resistance, lactic acid bacteria, salad vegetables, polymerase chain reaction, 16S rRNA, plasmids.

## INTRODUCTION

Lactic acid bacteria (LAB) are a group of beneficial microbes that are Generally Regarded As Safe (GRAS)

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and this has qualified them suitable as probiotics and starter cultures (Strom et al., 2005; Gerez et al. 2009). They are residents of different niches such as fermented foods/dairy products, vegetables, meat, gastrointestinal tracts of humans and animals.

The introduction of antibiotics in human clinical medicine and animal husbandry is one of the greatest achievements of 20<sup>th</sup> century (Aarestrup, 2005). This was however doused by different reports of antibiotics resistance (AR) by clinically important bacteria and even commensals. Aquilanti et al. (2007) reported the spread of AR in commensal bacteria, creating large reservoirs of AR genes in nonpathogenic bacteria that are linked to the food chain. Most investigations before now have focused on clinically important bacteria (Gevers et al., 2003a; Rizzotti et al., 2009), while information on LAB AR determinants are largely scarce (Jacobsen et al., 2007). In the past decade, attention is being given to this subject. For instance, there has been increasing evidence that points at a crucial role of foodborne LAB as reservoir of potentially transmissible AR genes and this was as a result of continuous assessment of fermented foods for presence of AR strains by several European countries (Witte, 2000; Teuber, 2001; Hammerum et al., 2007; Toomey et al., 2010). Phenotypic and molecular characterization of 121 strains of *Lactobacillus paracasei* isolated from Italian dairy and meat products demonstrated the presence of tetracycline [tet(M), tet(W)] and/or erythromycin resistance erm(C) in different AR isolates (Comunian et al., 2009). Toomey et al. (2010) also reported transfer of tet(M) resistance gene from *L. plantarum* to *Lactococcus lactis* BU-2-60 and *E. faecalis* JH2-2. The resistances of food borne LAB to glycopeptide, vancomycin and the  $\beta$ -lactams have been reported at different times although the reports on the latter are scanty. Mobile elements such as plasmids, transposons and integrons are important drivers in bacterial horizontal gene transfer (HGT) and these constitute AR genes with intra and inter-specie transfer of genetic material (Aleksun and Levy, 2007; van Reenen and Dicks, 2011; Santagati et al., 2012). This is dangerous if it occurs in food borne LAB as the AR genes can easily be transferred to potential pathogens in the gastrointestinal tract of man. In Nigeria, regulation on antibiotics administration both as growth promoter in animal husbandry and in clinical management is lacking. The methods of cultivation of salad vegetables using animal dung/human faeces as manure on one hand and the raw consumption of these vegetables on the other encourage transfer of bacteria which carry AR genes; hence there is need to initiate a sustainable biosafety surveillance in terms of AR determinants of the resident LAB in these vegetables.

This study which to the best of the authors' knowledge, is the first in Nigeria, investigated the linkage of mobile genetic elements, plasmid and integrons with AR in LAB isolated from locally grown salad vegetables.

## MATERIALS AND METHODS

### Sources and identification of LAB

The lactic acid bacteria used in this study were previously isolated from Nigerian grown salad vegetables, cabbage, carrot, cucumber and lettuce procured from 12 different vegetable markets in Lagos, Nigeria. These markets are located at Agboju, Festac, Idi-Araba, Isolo, Ketu, Mafoluku, Mile 12, Mushin, Oja-Oba, Oke-Odo, Oshodi and Yaba. They were identified with combinations of phenotypic and partial sequencing of 16S rRNA gene (Bamidele et al., 2014). These comprised of *Lactobacillus* spp. (8), *Weissella* spp. (3), *Pediococcus* spp. (3), Uncultured *Solibacillus* (1) and *Enterococcus durans* (1) (Table 1).

### Antibiogram of LAB

Twenty antibiotics (Table 2) selected based on the previous works done on LAB and clinical relevance, were employed in the susceptibility assays against the LAB. The antibiotics were aseptically placed with the use of disc dispenser on the *Lactobacillus* susceptibility test medium (LSM) which was previously seeded with overnight growth of LAB isolates that have been diluted to make 0.5 Mac-Farland standard ( $10^8$  CFU/ml). The LSM is made of the combination of MRS (10%) and Isosensitest (90%) agar (Klare et al., 2007). This was done according to Clinical and Laboratory Standards Institute (CLSI 2007) guidelines. The culture was incubated for 24 h after which zones of inhibition were measured in millimeter (mm) and absence of zones taken as resistance.

### PCR detection of resistance genes

The primers for specific genes were synthesized by Inqaba Biotech, South Africa. The annealing temperatures for the reaction were calculated based on the melting temperatures ( $T_m$ ) of each set of primers (that is, forward, F and reverse, R). The amplification was carried out in thermo cycler (vapo. protect, Eppendorf) using AccuPower PCR premix mastermix (Bioneer, USA) added to 3  $\mu$ l of template DNA. The mixture was made up to 20  $\mu$ l with distilled water according to the manufacturer's instructions. The primers, genes and PCR conditions are as shown in Table 4.

### Plasmid extraction

This was done according to the modified methods of Klaenhammer (1984). Briefly, overnight culture of LAB was suspended in 200  $\mu$ l of 25% w/v sucrose, 50 mM Tris HCl, 5 mM EDTA (STE buffer, pH 8.0) containing 5 mg/ml lysozyme (Carlroth, Germany) and 10 Uml<sup>-1</sup> mutanolysin (Sigma, USA). This was incubated at 37°C for 30 min and 250  $\mu$ l STE buffer (pH 10.5 adjusted by 10 N NaOH) containing SDS (6% w/v) was added followed by mixing (inverting tubes) 10 times. All these were incubated at 62°C for 30 min and cooled to room temperature. On addition of 300  $\mu$ l potassium acetate (3 M), the mixture was vortexed and later incubated at -20°C for 10 min. This was followed by centrifugation (10,000 rpm for 15 min) after which the supernatant was transferred into sterile Eppendorf tube. The supernatant was extracted with 500  $\mu$ l phenol/chloroform/isoamylalcohol (25:24:1) and centrifuged. After centrifugation, the aqueous phase was transferred into sterile Eppendorf tube and precipitated with isopropanol (equal volume), vortexed and centrifuged for 10 min. The supernatant was decanted and pellet dried in air. The dried pellet was dissolved in 50  $\mu$ l Tris HCl, EDTA (TE) buffer.

**Table 1.** Summary of LAB and their source vegetables.

| LAB                            | Cabbage (n) | Carrot (n) | Cucumber (n) | Lettuce (n) | Total (n) |
|--------------------------------|-------------|------------|--------------|-------------|-----------|
| <i>W. confusa</i>              | 8           | 2          | 3            | 7           | 20        |
| <i>W. cibaria</i>              | 4           | 5          | 2            | 2           | 13        |
| <i>W. paramesenteroides</i>    | -           | -          | 1            | -           | 1         |
| <i>Lactobacillus</i> spp.      | 1           | -          | -            | -           | 1         |
| <i>L. fermentum</i>            | 4           | 1          | 5            | 2           | 12        |
| <i>L. plantarum</i>            | 7           | 2          | 1            | 5           | 15        |
| <i>L. reuteri</i>              | -           | 1          | -            | -           | 1         |
| <i>L. paralimentarius</i>      | -           | 1          | -            | -           | 1         |
| <i>L. brevis</i>               | -           | 2          | 1            | -           | 3         |
| <i>L. johnsonii</i>            | -           | -          | 1            | 1           | 2         |
| <i>L. vaginalis</i>            | -           | -          | -            | 1           | 1         |
| <i>P. pentosaceus</i>          | 2           | 1          | 6            | 3           | 12        |
| <i>P. dextrinicus</i>          | 1           | -          | -            | -           | 1         |
| <i>P. acidilactici</i>         | -           | -          | 5            | 2           | 7         |
| <i>Uncultured solibacillus</i> | -           | -          | 1            | -           | 1         |
| <i>E. durans</i>               | -           | -          | -            | 1           | 1         |

**Table 2.** The antibiotics used for LAB antibiogram/concentrations.

| Antibiotic (code)                     | Concentration ( $\mu\text{g}$ ) | Source    |
|---------------------------------------|---------------------------------|-----------|
| Sulphamethoxazole/ Trimethoprim (SXT) | 25                              | Oxoid, UK |
| Rifampicin (RD)                       | 5                               | "         |
| Ciprofloxacin (CIP)                   | 5                               | "         |
| Nalidixic acid (NA)                   | 30                              | "         |
| Levofloxacin (LEV)                    | 5                               | "         |
| Cephalothin (KF)                      | 30                              | "         |
| Amoxicillin (AML)                     | 10                              | "         |
| Cefocitin (FOX)                       | 30                              | "         |
| Ceftriaxone (CRO)                     | 30                              | "         |
| Vancomycin (VA)                       | 5                               | "         |
| Clindamycin (DA)                      | 5                               | "         |
| Imipenem (IPM)                        | 10                              | "         |
| Cloxacillin (OB)                      | 5                               | "         |
| Cotrimoxazole (COT)                   | 25                              | Abtek, UK |
| Chloramphenicol (CHL)                 | 10                              | "         |
| Tetracycline (TET)                    | 10                              | "         |
| Streptomycin (STR)                    | 10                              | "         |
| Augmentin (AUG)                       | 30                              | "         |
| Gentamycin (GEN)                      | 10                              | "         |
| Erythromycin (ERY)                    | 5                               | "         |

### Agarose gel electrophoresis

The PCR products, (5 $\mu\text{l}$ ) was loaded alongside a 100 bp marker (Solis biodyne, Estonia) on a 1% agarose stained with ethidium bromide. For plasmid, the dissolved pellet (5  $\mu\text{l}$ ) was loaded alongside a Lambda DNA/ HindIII marker (Thermo Scientific, USA) on a 0.8% agarose stained with ethidium bromide. This was run for 1 h at 100 V after which they were viewed under UV in a photodocumentation system (Clinix, China).

### Plasmid curing experiment

Thirty LAB possessing plasmid DNA, showing phenotypic resistance to at least 2 antibiotics were selected and grown microaerophilically for 72 h at 40°C in sub-lethal dose (75  $\mu\text{g}/\text{ml}$ ) of acridine orange (BDH) in MRS broth. This dose was arrived at after subjecting them individually to different doses (25, 50, 75 and 100  $\mu\text{g}/\text{ml}$ ).

The post exposure curing was done by subculturing LAB into

**Table 3.** Antibiotic susceptibility/ resistance patterns of LAB spp.

| Antibiotics/conc (µg)                    | LAB spp                       |    |                             |    |                           |    |
|--|-------------------------------|----|-----------------------------|----|---------------------------|----|
|  | <i>Lactobacillus</i> spp. (n) |    | <i>Pediococcus</i> spp. (n) |    | <i>Weissella</i> spp. (n) |    |
|  | R                             | S  | R                           | S  | R                         | S  |
| Sulphamethoxazole/ Trimethoprim (SXT-25) | 14                            | 10 | 10                          | 4  | 15                        | 10 |
| Rifampicin (RD- 5)                       | 2                             | 19 | 2                           | 11 | 0                         | 22 |
| Ciprofloxacin (CIP- 5)                   | 12                            | 8  | 4                           | 5  | 6                         | 14 |
| Nalidixic acid (NA- 30)                  | 19                            | 1  | 9                           | 0  | 19                        | 2  |
| Levofloxacin (LEV- 5)                    | 0                             | 7  | 1                           | 3  | 2                         | 16 |
| Cephalothin (KF- 30)                     | 0                             | 9  | 0                           | 4  | 0                         | 17 |
| Amoxicillin (AML- 10)                    | 9                             | 14 | 3                           | 12 | 6                         | 19 |
| Cefoxitin (FOX- 30)                      | 4                             | 15 | 4                           | 9  | 3                         | 19 |
| Ceftriaxone (CRO- 30)                    | 22                            | 0  | 14                          | 1  | 24                        | 1  |
| Vancomycin (VA- 5)                       | 22                            | 1  | 14                          | 1  | 21                        | 2  |
| Clindamycin (DA- 5)                      | 2                             | 20 | 1                           | 12 | 4                         | 21 |
| Imipenem (IPM- 10)                       | 0                             | 23 | 0                           | 15 | 0                         | 25 |
| Cloxacillin (OB- 5)                      | 22                            | 2  | 16                          | 0  | 27                        | 1  |
| Cotrimoxazole (COT- 25)                  | 17                            | 3  | 11                          | 4  | 15                        | 9  |
| Chloramphenicol (CHL- 10)                | 3                             | 17 | 1                           | 4  | 1                         | 23 |
| Tetracycline (TET- 10)                   | 10                            | 9  | 8                           | 7  | 5                         | 19 |
| Streptomycin (STR- 10)                   | 9                             | 11 | 8                           | 7  | 10                        | 14 |
| Augmentin (AUG-30)                       | 12                            | 8  | 10                          | 5  | 14                        | 10 |
| Gentamycin (GEN-10)                      | 1                             | 19 | 0                           | 15 | 1                         | 23 |
| Erythromycin (ERY- 5)                    | 2                             | 18 | 0                           | 14 | 1                         | 23 |

<sup>R</sup>Resistant, <sup>S</sup>Sensitive. Uncultured *Solibacillus* was resistant to all the tested antibiotics.

Fresh sterile MRS agar, incubated for 24 h and another round of plasmid extraction performed to ascertain the success or otherwise of curing. The LAB that showed no plasmids were finally used for another round of antibiogram using the antibiotics they were resistant to. The absence of resistance thereafter was interpreted as the initial resistance being plasmid mediated.

#### Statistical analysis

Univariate analysis was performed to determine resistance to  $\geq 2$  antibiotics. A multinomial logistic regression using IBM SPSS vs 20 was conducted to determine association of LAB resistance patterns with vegetable sources/types and strains at 95% confidence interval (CI).

## RESULTS

### Antibiogram of LAB

The entire LAB were multi drug resistant, while 97.0% were resistant to cloxacillin, ceftriaxone each and 94.0% resistant to vancomycin. All the LAB except one (uncultured *Solibacillus*) was sensitive to imipenem. Rifampicin was the next in terms of activity against the LAB after imipenem as 91.4% of the LAB were sensitive to this antibiotic. This was followed by clindamycin (Table 3).

### Plasmid analysis

Seventy-four percent (74.0%) of the selected LAB isolates possessed less than 2 kb plasmid while 83.0% carried 23 kb. Forty-two percent (42.0%) carried at least two copies each. LAB from cucumber carried most of the plasmid (38.0%), followed by cabbage (32.0%), lettuce (27.0%) and carrot (3.0%). The pattern of Antibiogram remained basically the same as in pre-curing experiment.

### PCR detection of resistance genes

The results of PCR showed four different LAB strains carrying 454 bp vancomycin resistance (*vanX*) genes. These LAB isolated mostly from Oke-Odo are as follows, uncultured *Solibacillus* clone RBL- 135, *L. plantarum* YML 007, *L. plantarum* TCP 008, *W. cibaria* PON 10339. *Weissella confusa* SJL 602 from lettuce amplified 325 bp resistant gene for beta lactam (*blaZ*).

Three other LAB, *L. fermentum* LG1, *L. brevis* BB7 (both from carrot) and *L. fermentum* PBCC11 from lettuce amplified this gene (*blaZ*) but corresponding to a larger size of 500 bp. None of the genes encoding tetracycline ribosomal protection proteins (RPPs) (*tetS*, *tetW*, *tetM*), efflux (*tetK*, *tetL*), aminoglycosides resistance *aac(6<sup>1</sup>)-aph (2<sup>1</sup>)* and also integrase enzyme *intl 1, 2, 3* was

**Table 4.** Primers, genes and PCR conditions for antibiotics resistance in LAB.

| Target gene                         | Primer  | Sequence (5 <sup>1</sup> - 3 <sup>1</sup> ) | Size (bp) | Annealing temperature (°C) | PCR conditions   | Reference  |  |  |  |                           |
|-------------------------------------|---------|---|-----------|----------------------------|--|--|--|--|--|---------------------------|
| <i>tet</i> (M)                      | tetM- F | GTGGACAAAGGTACAACGAG                        | 406       | 58                         | 94°C for 5 min, 30 cycles 94°C for 1 min, annealing temp for 1 min, 72°C for 2 min, 72°C for 10 min. | Ng et al., 2001  |  |  |  |                           |
|                                     | tetM- R | CGGTAAAGTTCGTCACACAC                        |           |                            |  |  |  |  |  |                           |
| <i>tet</i> (S)                      | tetS- F | ATCAAGATATTAAGGAC                           | 573       | 50                         |  | 94°C for 5 min, 30 cycles 94°C for 1 min, annealing temp for 1 min, 72°C for 2 min, 72°C for 10 min. | Gevers et al., 2003  |  |  |                           |
|                                     | tetS- R | TTCTCTATGTGGTAATC                           |           |                            |  |  |  |  |  |                           |
| <i>tet</i> (W)                      | tetW- F | GAGAGCCTGCTATATGCCAGC                       | 168       | 60                         |  |  | 94°C for 5 min, 30 cycles 94°C for 1 min, annealing temp for 1 min, 72°C for 2 min, 72°C for 10 min. | Aminov et al., 2001  |  |                           |
|                                     | tetW- R | GGGCGTATCCACAATGTTAAC                       |           |                            |  |  |  |  |  |                           |
| <i>tet</i> (K)                      | tetK- F | TTAGGTGAAGGGTTAGGTCC                        | 697       | 58                         |  |  |  | 94°C for 5 min, 30 cycles 94°C for 1 min, annealing temp for 1 min, 72°C for 2 min, 72°C for 10 min. | Aarestrup et al., 2000   |                           |
|                                     | tetK- R | GCAAACCTCATTCCAGAAGCA                       |           |                            |  |  |  |  |  |                           |
| <i>tet</i> (L)                      | tetL- F | CATTTGGTCTTATTGGATCG                        | 456       | 56                         |  |  |  |  | 94°C for 5 min, 30 cycles 94°C for 1 min, annealing temp for 1 min, 72°C for 2 min, 72°C for 10 min. | Aarestrup et al., 2000    |
|                                     | tetL- R | ATTACACTTCCGATTTCCGG                        |           |                            |  |  |  |  |  |                           |
| <i>aac</i> (6')-<br><i>aph</i> (2') | aac- F  | CCAAGAGCAATAAGGGCATA                        | 230       | 58                         | 94°C for 5 min, 30 cycles 94°C for 1 min, annealing temp for 1 min, 72°C for 2 min, 72°C for 10 min. |  |  |  |  | Rojo-Bezares et al., 2006 |
|                                     | aac- R  | CACTATCATAACCACTACCG                        |           |                            |  |  |  |  |  |                           |
| <i>bla</i> (Z)                      | blaZ- F | TACTTCAACACCTGCTGCTTTTCG                    | 325       | 61                         |  | 94°C for 5 min, 30 cycles 94°C for 1 min, annealing temp for 1 min, 72°C for 2 min, 72°C for 10 min. |  |  |  | Liu et al., 2009          |
|                                     | blaZ- R | CATTACACTCTTGGCGGTTTCAC                     |           |                            |  |  |  |  |  |                           |
| <i>van</i> (X)                      | vanX- F | TCGCGGTAGTCCCACCATTCGTT                     | 454       | 60                         |  |  | 94°C for 5 min, 30 cycles 94°C for 1 min, annealing temp for 1 min, 72°C for 2 min, 72°C for 10 min. |  |  | Liu et al., 2009          |
|                                     | vanX- R | AAATCATCGTTGACCTGCGTTAT                     |           |                            |  |  |  |  |  |                           |
| <i>Int</i> -<br>1,2,3               | hep 35  | TGCGGGTCAAGGATTTGGATTT                      | 491       | 54                         |  |  |  | 94°C for 5 min, 30 cycles 94°C for 1 min, annealing temp for 1 min, 72°C for 2 min, 72°C for 10 min. |  | White et al., 2000        |
|                                     | hep 36  | CAGCACATGCGTATAAAT                          |           |                            |  |  |  |  |  |                           |

*tet*- Tetracycline resistant gene, *aac* (61) - *aph* (21) - aminoglycoside acetyltransferase and phosphotransferase encoding gene, *bla*- beta lactamase gene, *van*- vancomycin resistance gene, *intl*- integrase encoding gene.

amplified by any of the LAB.

### Statistical analysis

The vegetable sources/types, LAB strains have no statistical significance with resistance patterns ( $p>0.05$ ).

### DISCUSSION

The identities of resident LAB in cabbage, carrot, cucumber and lettuce employed in this study were confirmed by partial sequencing of their 16S rRNA genes. This according to European Food Safety Authority is the first approach in the study concerning AR gene/safety of foodborne bacteria (EFSA, 2012). The occurrence of *Lactobacillus* spp. in largest number is in tandem with various reports (Tamang et al., 2005; Gomes et al., 2010; Gad et al., 2014). Salad vegetables are served and eaten raw in Nigeria and indeed many other climes as such, any AR borne on conjugative mobile genetic elements poses a great danger to the populace. Our investigation of linkage of mobile genetic elements, plasmids and integrons to AR in LAB is the first in the locally grown salad vegetables. The Antibiogram of LAB is still interpreted with a great deal of inconsistencies (Franz et

al., 2005; Hummel et al., 2007) as the phenomenon of break-point/cut off values are yet to be duly validated in many LAB strains. This is partly due to the fact that LAB AR issues emerged barely 2 decades ago as they have ever been generally regarded as safe and the growth medium for LAB (MRS) renders the activities of test antibiotics sub optimal. In this study, the LSM, as demonstrated by Klare et al. (2007), was employed and susceptibilities were interpreted based on CLSI (2007) guidelines. Majority of the LAB were phenotypically multi drug resistant but this did not correlate with their possession of respective AR genes. For instance, *tet* gene for tetracycline frequently reported in food borne LAB was not detected in this study. The tetracycline ribosomal protection proteins (RPPs) and efflux pump were not detected. This may be associated with the phenomenon of 'silent' gene or inducible AR genes often reported in LAB. For instance, Hummel et al. (2007) reported some LAB strains possessing silent chloramphenicol acetyltransferase (*cat*) gene under inducing and non-inducing conditions. In phenotypic terms, most of the LAB were susceptible to erythromycin. The resistance of LAB to glycopeptides, vancomycin is infrequently reported especially in *Weissella* spp. unlike the findings in this study where the resistance gene (*vanX*) was detected in *W. cibaria* PON 10339 alongside other LAB strains. The resistance to this antibiotic is

reported to be intrinsic in *Lactobacillus* spp. All the LAB carrying *van(X)* gene were phenotypically resistant to vancomycin. This innate resistance of LAB to vancomycin has been demonstrated to be due to replacement of D-ala- D- ala precursor of muramyl pentapeptide in peptidoglycan in LAB with D-lact or D-ser (Nelson, 1999; Mathur and Singh, 2005; Ammor et al., 2007). It must be mentioned here that about 9 other vancomycin resistance genes other than *van(X)* have been reported to date and *van(X)* gene is uncommonly detected in LAB in general and *Weissella* spp. in particular. All the vancomycin genes are not usually borne on mobile genetic elements (Klein et al., 2000). Uncultured *Solibacillus* clone RBL-135 was resistant to all tested antibiotics in this study including imipenem but was greatly inhibited by ofloxacin (data not shown).

The resistances to  $\beta$ -lactams (*blaZ*) antibiotics were pronounced in this study as 97.0% of the LAB were phenotypically resistant to cloxacillin while more than 90.0% were resistant to other  $\beta$ -lactams including cephalosporins. This indicates intrinsic or natural factors. The *bla(Z)* gene detected in *W. confusa* SJL 602 is also uncommonly reported in this LAB. In fact, this search in literature for this gene in this LAB yielded no positive reports as most of the carriers were *Lactobacillus* spp. This gene was amplified in 3 other LAB (*L. fermentum* LG1, *L. brevis* BB7 both from carrot and *L. fermentum* PBCC11 from lettuce) in this study corresponding to unexpected size of 500 bp. This may be due to non-specific binding or mutation. DNA sequencing or DNA-DNA hybridization study should be done to confirm the identity of this gene.

Majority of the LAB possessed plasmids and in fact all the detected LAB carrying AR genes did. The presence of this mobile genetic element is in line with the work of Olukoya et al. (1993) where 80.0% of the LAB from Nigerian fermented foods were carriers of plasmids some up to five with size ranging from 1.8 to 45.0 kb. In this study, the size range was from less than 1.0 to 23.1 kb. Seventy-four percent (74.0%) of the LAB carried plasmids while 42.0 and 39.0% carried 2 and 3 copies, respectively. In this study also, the method of Klaehammer (1984) was modified to isolate the plasmid; briefly, the combination of enzymes, lysozyme (5 mg/ml) and mutanolysin (10 U/ml) was employed and the incubation extended to 30 min at 37°C. The authors hope to investigate the types of plasmid (in terms of their biotechnological/functional qualities) borne by these LAB in future.

The non-linkage of plasmid to resistances seen in this study prompted us to assay for integrase enzyme carrying gene cassettes with resistance to up to 10 antibiotics at the same time (Clementi and Aquilanti, 2011). None of the LAB in this study possessed integrons.

The main gap in this study was the non-inclusion of assay for conjugative transposons Tn 916-1545 and insertion sequences (IS) elements which have also been

implicated in HGT of AR genes in food borne LAB (Clewell et al., 1995; Churchward, 2002; Hummel et al., 2007; Devirgiliis et al., 2009).

In conclusion, the identified LAB in the study cabbage, carrot, cucumber and lettuce grown locally were phenotypically multidrug resistant, most possessing plasmid DNA which is not linked to the AR based on post curing outcomes. A few were detected to possess vancomycin, *van(X)* and  $\beta$ -lactams, *bla(Z)* resistance genes and none possessed the multi-drug resistant carriers, integrase enzyme. The LAB therefore can be said to be safe in terms of their ability to transfer AR genes through plasmid and integrons based on this study. There is also the need to scale up this study to other regions of the country and initiate biosafety surveillance of LAB in salad vegetables.

## CONFLICT OF INTEREST

The authors hereby declare that there is no conflict of interest whatsoever.

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